GLOBAL SUMMIT
10TH -12TH JULY
PROGRAMME

#EndPJparalysis

GET UP, GET DRESSED,
GET MOVING
Wednesday 10th July

06.00hrs BST

CHLOE HARRIS
Physiotherapist, Salisbury District Hospital

Why are pyjamas the uniform of our hospitals?
#EndPJParalysis: Time for change at Salisbury.

09.00hrs BST

TATIANA MCLEANUS, EDEL O’MALLEY AND NOMSA GUSHA-ZNYEMB
Royal Derriford Hospital, Dublin

Endpjparalysis practical steps to increase physical activity on an Irish Ortho Geriatric Unit and Neuro-specialist rehabilitation unit

10.00hrs BST

LEWIS EDWARDS
Quality Improvement Lead, Salford Care Organisation

#EndPJParalysis and Quality Improvement – the Northern Care Alliance Journey

12.00hrs BST

HELEN SLOCOMBE
Senior Staff Nurse, Wexford Hospital, Wexford, Ireland

Dayroom to Doorstep: Using dayrooms to engage patients in Activities of Daily Living and support timely discharge

13.00hrs BST

PROFESSOR BRIAN DOLAN OBE
Director, Health Service 360

Why patient time is the most important currency in healthcare

14.00hrs BST

NIEK KOENDERS
Physiotherapist and researcher, the Rehoboudus, Nijmegen, the Netherlands

"I’m not going to walk, just for the sake of walking...": a qualitative study

15.00hrs BST

LYNDA HOLT
CEO, Health Service 360

The power of narrative in creating change

16.00hrs BST

MICHAEL FRIEDMAN, PT, MBA

The Johns Hopkins Activity and Mobility Promotion Systematic Approach

17.00hrs BST

ERIK HOYER, MD AND DANIEL YOUNG, PT, PHD

Inter-Disciplinary Functional Measurement in the Hospital

17.30hrs BST

LISA KLEIN, MSN, RN, CNRN

Implementing the Johns Hopkins Highest Level of Mobility and Mobility Goal Calculator

19.00hrs BST

CHRISTY RYAN

Creating a mobility culture for critically ill children: Let’s PICU Up!

20.00hrs BST

RENEE DUCKWORTH

The Walk to Waterton - an #ENDPJPARALYSIS Initiative

21.00hrs BST

JOANNE PETERSEN

Hey we do that!

22.00hrs BST

MELISSA BASS

Too Many Patients, Not Enough Time: Prioritization to Optimize Mobility

23.00hrs BST

KAREN GREEN

Implementation of Nursing Basic Mobility & Clicks Utilization

23.30hrs BST

BRANDON YANCEY

Improving Nursing Confidence with Patient Mobilization in Acute Hospital Practice through use of a Mobility Education Program

24.00hrs BST

BEN CHIMENTI

Bed Rest Increases Healthcare Costs and worsens Patient Outcomes

00.00hrs BST

NIEK KOENDERS

Deconditioning - causes and pathophysiology

03.00hrs BST

DR KARIM AL-JABARI

Why are pyjamas the uniform of our hospitals?
#EndPJParalysis

03.30hrs BST

JOY TURNER, SUE SWEENEY AND A/PROF SHANE CROWE

Engaging staff across a large system in #EndPJParalysis

04.00hrs BST

PROFESSOR ALISON MUDGE

Physician, researcher, Royal Melbourne and Women’s Hospital and Professor of Medicine, University of Queensland

Moving forward: patient and staff perspectives on limited mobility in a rehabilitation setting

06.00hrs BST

WILL DOLAN

Director, Firewood Pictures

How to use video to share powerful Healthcare stories

07.00hrs BST

ELAINE DOCHERTY, SHARON RUSSELL, RENEE KONG & TAMZIN BROTT

Waitemata District Health Board, New Zealand

Using Social Movement: “The 3G programme”

08.00hrs BST

DR SINÉAD NÍ BHRAONÁIN,

ED Physician, Royal Prince Alfred, Sydney. Acting Lead, District Demand Management Unit

Ending hospital acquired functional decline across Sydney Local Health District

09.00hrs BST

DR AMIT ARORA

Geriatrician, University Hospital North Midlands

The power of narrative in creating change

09.30hrs BST

CEO, Health Service 360

LYNDA HOLT

You might already be doing it: how we piggybacked onto #Endpjparalysis

10.00hrs BST

KAREN GREEN

Too Many Patients, Not Enough Time: Prioritization to Optimize Mobility

10.30hrs BST

JOY TURNER

Senior Staff Nurse, Wexford Hospital, Wexford, Ireland

Dayroom to Doorstep: Using dayrooms to engage patients in Activities of Daily Living and support timely discharge

10.45hrs BST

DR AMIT ARORA

Geriatrician, University Hospital North Midlands

The power of narrative in creating change

11.00hrs BST

PROFESSOR BRIAN DOLAN OBE

Director, Health Service 360

Why patient time is the most important currency in healthcare

11.30hrs BST

DR AMIT ARORA

Geriatrician, University Hospital North Midlands

The power of narrative in creating change

12.00hrs BST

LYNDA HOLT

CEO, Health Service 360

The power of narrative in creating change

12.30hrs BST

KAREN GREEN

Too Many Patients, Not Enough Time: Prioritization to Optimize Mobility

13.00hrs BST

JOY TURNER

Senior Staff Nurse, Wexford Hospital, Wexford, Ireland

Dayroom to Doorstep: Using dayrooms to engage patients in Activities of Daily Living and support timely discharge
Thursday 11th July

06.00hrs BST
HANNEKE VAN DIJK-HUISMAN
PhD Student and Physical Therapist, Maastricht University Medical Center, the Netherlands
Development of the Hospital Fix app in Holland

07.00hrs BST
PROFESSOR BRIAN DOLAN OBE
Director, Health Service 360
Valuing Patient time TODAY

07.30hrs BST
ELEANOR SAWYER
Lead Nurse, Frailty Education Team
Eat, Drink, Move and the value of Frailty champions in Imperial College Healthcare Trust, London

08.30hrs BST
Tessa Bruno
Registered Nurse Ward 13 Northern Health Melbourne, Australia
Cultural Diversity in spreading the message

09.00hrs BST
DR AMELIA CRABTREE
Lead Nurse, Frailty Education Team
Creative messaging using Sketchnote (Have a piece of paper and pen handy if you would like to play along)

09.00hrs BST
KATE SENDALL & MELINDA WILLIAMSON
Lead Nurse, Frailty Education Team
Eat, Drink, Move and the value of Frailty champions in Imperial College Healthcare Trust, London

10.00hrs BST
WILL DOLAN
Director, Firewood Pictures
How to use video to share powerful Healthcare stories

11.00hrs BST
RACHEL WILLIAMS
Assoc Operations Director, Warwick Hospital
South Warwickshire NHS Foundation Trust: A system wide approach to #EndPJparalysis

12.00hrs BST
ZOE LORD
Director of Nursing, NHS Hosts Team
Enabling and sustaining large scale change: insights from NHS Horizons

12.30hrs BST
PAUL WRIGHT
Manager Health Services Calgary Zone Director for Patient and Family
Engaging, Enabling and Sustaining Patient and Family Engagement in End PJ Paralysis in Alberta Canada

13.00hrs BST
JENNIFER SYMON
Neuro Stroke Boot Camp
Impact of ICU-Acquired Weakness on the Patient Survivorship Experience

14.00hrs BST
BELZ & STACEY LEYENBAUER
Medical Director, Ohio Health Medics
Activity and Mobility Promotion for Bone Marrow Transplant Enhancing Nursing and Patient Engagement

14.30hrs BST
HOLLY RUSSELL
Nurse Director, Medicine Clinical Board, Cardiff & Vale University Health Board
Sarah Miller, #EndPJparalysis activities for sustainability across a large hospital system in Wales

15.00hrs BST
REBECCA AYLWARD
Nurse Director, Medical Clinical Board, Cardiff & Vale University Health Board
EndPJparalysis activites for sustainability across a large hospital system in Wales

15.30hrs BST
LYNNE KUOWSKI, SUSAN KILMEREY, NICOLE BERG
Osler Health Care, Sudbury, Ontario
Enabling and sustaining large scale change: insights from NHS Horizons

16.00hrs BST
DALE NEEDHAM, FCPA, MD, PHD
Director of Clinical Care Services, St. Joseph's Healthcare Hamilton
I want to go to My home, not a nursing home

16.30hrs BST
DANIELLE Вероника
Director of Clinical Care Services, St. Joseph's Healthcare Hamilton
Impact of ICU-Acquired Weakness on the Patient Survivorship Experience

17.00hrs BST
KIM WYATT
Senior Improvement Manager, Emergency Care Improvement Support Team (ECIST)
SAFER, Red2Green and Home First

18.00hrs BST
HEATHER ZIRK
Director of Clinical Care Services, St. Joseph's Healthcare Hamilton
Making Mobility a Nursing Priority

19.00hrs BST
CHRISTA LUCAS
Nurse Director, Centrem Health
Creating A Culture OF Mobility at UCLA Health

20.00hrs BST
JULIE KIELMAN AND KATRINE MURRAY
President and Owner, Carrie Fisher
Enabling and sustaining large scale change: insights from NHS Horizons

21.00hrs BST
LEAHNE MOCNIK AND TIFFANY MIOUD
Director, Centrem Health
Creating A Culture OF Mobility at UCLA Health

22.00hrs BST
KAREN GREEN
Nurse Director, Centrem Health
Making Mobility a Nursing Priority

23.00hrs BST
HEATHER ZIRK
Director of Clinical Care Services, St. Joseph's Healthcare Hamilton
Making Mobility a Nursing Priority
## Friday 12th July

### 06.00hrs BST
- **LYNDA HOLT**
  - CIO, Health Service 360
  - The power of narrative in creating change

### 09.00hrs AEST
- **DR AMELIA CRABTREE**
  - Geriatrician, Alfred Health, Melbourne
  - Local solutions for local problems: implementing a global sedentary behaviour intervention in a local setting

### 11.00hrs AEST
- **ELEANOR SAWYER, PROF. BRIAN DOLAN OBE, ASSOC. PROF. PETER HUNTER AND LYNDA HOLT**
  - Project Lead, Case of Older People Clinical Network, Safety Care Victoria; Director, Health Service 360; Clinical Program Director, Rehabilitation, Aged and Community Care at Alfred Health & CIO; Health Service 360
  - Overcoming hurdles: what we wish we knew about ending PJParalysis. A discussion

### 12.30hrs BST
- **DR LIZA MORTON**
  - Psychologist/Teaching Fellow, University of Strathclyde
  - ‘Why does it have to be open at the back?’ The Impact of wearing hospital gowns

### 13.30hrs BST
- **LOTTE VAN DEFT**
  - PhD student and physical therapist, University of Strathclyde
  - The Hospital in Motion project in the Netherlands to encourage patient mobilisation

### 14.00hrs BST
- **NICOLA STIRLING**
  - Team Lead Occupational Therapist, Royal United Hospitals NHS Foundation Trust, UK
  - Spreading the EndPJParalysis love

### 14.30hrs BST
- **LYNDA HOLT**
  - CEO, Health Service 360
  - The EndPJParalysis challenge app and how it can transform your service

### 07.30hrs BST
- **PROF BRIAN DOLAN AND IDEIRE LANG**
  - Director, Health Service 360 & Director of Nursing/National Lead Order Patients Services/Chief & Integrated Programmes at Health Service Executive
  - Ireland #EndPJParalysis Campaign

### 08.00hrs BST
- **PETER WARD**
  - Senior Physiotherapist, Beaumont Hospital, Dublin
  - Staff Members Perceptions of the EndPJParalysis Initiative in Ireland

### 10.00hrs BST
- **LAURA WALKER AND JULIE REID**
  - Physiotherapy Department, Queen Elizabeth University Hospital, NHS Greater Glasgow & Clyde, UK
  - Increasing Activity in a Ward Setting: Optimising use of dayroom and using pedometers to increase activity

### 11.00hrs BST
- **Penelope Firshman**
  - Occupational Therapist, Guy’s and St Thomas’ hospital NHS Trust King’s College Hospital NHS Trust
  - Looking Back: Survivors’ experience of occupation throughout their critical illness recovery

### 12.00hrs BST
- **MICHELLE STASIUK AND PAUL WRIGHT**
  - Alberta Health Services Calgary Zone and Edmonton Zone
  - MoveEZ - Mobilizing Our Vulnerable Elders - Rehabilitation Hospital, Alberta Health Services
  - Goal: Score More Mobility

### 13.00hrs BST
- **ERIN WILSON**
  - Barns-Jewish Hospital
  - Implementing Mobility Rounds on the Medicine Service Line

### 14.00hrs BST
- **KAREN GREEN**
  - Cleveland Clinic
  - Shared Mobility in an ICU and Step-Down Cardiac Surgery Population

### 15.00hrs BST
- **KAREN GREEN**
  - St. Elizabeth Edgewood
  - Orders or Consults, Mobility or Bedrest?

### 16.00hrs BST
- **Marilyn (lynn) Schalom, Heidi Tymkew, Dana Torrillo, Cheri Nievera, Nika Ursin, Amy Terbrock, Elana Ellus, Traci Norris, Jill Malen, Meredith Stockmann & Jane M. Reeves**
  - Barnes-Jewish Hospital
  - Moving EZ: Mobilizing Our Vulnerable Elders - Edmonton Zone

### 17.00hrs BST
- **Claudette Boisvert, RN**
  - CEO & Director, Health Service 360
  - Keep Moving: Implementing a Restorative Care Program in Edmonton, Alberta

### 18.00hrs BST
- **Isabel Henderson**
  - Executive Director, Special Projects, Northern Operations - Alberta Health Services
  - Highlighting the Importance of Mobilization of Hospitalized Patients - The Experience in the Edmonton Zone, Alberta Health Services

### 19.00hrs BST
- **Annie Guniemy**
  - CEO, Health Service 360
  - Staff Members Perceptions of the EndPJParalysis Campaign

### 01.00hrs BST
- **Autumn Smith**
  - Executive Director, Special Projects, Northern Operations - Alberta Health Services
  - The Power of Creative Imagery

### 02.00hrs BST
- **Traci Norris, Jill Malen, Meredith Stockmann & Jane M. Reeves**
  - Barnes-Jewish Hospital
  - Moving EZ: Mobilizing Our Vulnerable Elders - Edmonton Zone

### 03.00hrs BST
- **Karen Green**
  - Cleveland Clinic
  - Shared Mobility in an ICU and Step-Down Cardiac Surgery Population

### 04.00hrs BST
- **JENNIFER MEYERS**
  - University of Strathclyde
  - An Analysis of following the Mobility Actions as specified per Mobility Level

### 05.00hrs BST
- **KAREN GREEN**
  - St. Elizabeth Edgewood
  - Orders or Consults, Mobility or Bedrest?

### 06.00hrs BST
- **Erin Wilson**
  - Barns-Jewish Hospital
  - Implementing Mobility Rounds on the Medicine Service Line

### 07.00hrs BST
- **Jennifer Meyers**
  - University of Strathclyde
  - An Analysis of following the Mobility Actions as specified per Mobility Level

### 08.00hrs BST
- **Karen Green**
  - St. Elizabeth Edgewood
  - Orders or Consults, Mobility or Bedrest?

### 09.00hrs BST
- **CLAUDETTE BOISVERT, RN**
  - CEO & Director, Health Service 360
  - Keep Moving: Implementing a Restorative Care Program in Edmonton, Alberta

### 10.00hrs BST
- **Isabel Henderson**
  - Executive Director, Special Projects, Northern Operations - Alberta Health Services
  - Highlighting the Importance of Mobilization of Hospitalized Patients - The Experience in the Edmonton Zone, Alberta Health Services

### 11.00hrs BST
- **Annie Guniemy**
  - CEO, Health Service 360
  - Staff Members Perceptions of the EndPJParalysis Campaign

### 12.00hrs BST
- **Autumn Smith**
  - Executive Director, Special Projects, Northern Operations - Alberta Health Services
  - The Power of Creative Imagery

### 13.00hrs BST
- **Traci Norris, Jill Malen, Meredith Stockmann & Jane M. Reeves**
  - Barnes-Jewish Hospital
  - Moving EZ: Mobilizing Our Vulnerable Elders - Edmonton Zone

### 14.00hrs BST
- **Karen Green**
  - Cleveland Clinic
  - Shared Mobility in an ICU and Step-Down Cardiac Surgery Population

### 15.00hrs BST
- **JENNIFER MEYERS**
  - University of Strathclyde
  - An Analysis of following the Mobility Actions as specified per Mobility Level

### 16.00hrs BST
- **KAREN GREEN**
  - St. Elizabeth Edgewood
  - Orders or Consults, Mobility or Bedrest?

### 17.00hrs BST
- **Marilyn (lynn) Schalom, Heidi Tymkew, Dana Torrillo, Cheri Nievera, Nika Ursin, Amy Terbrock, Elana Ellus, Traci Norris, Jill Malen, Meredith Stockmann & Jane M. Reeves**
  - Barnes-Jewish Hospital
  - Moving EZ: Mobilizing Our Vulnerable Elders - Edmonton Zone

### 18.00hrs BST
- **Karen Green**
  - St. Elizabeth Edgewood
  - Orders or Consults, Mobility or Bedrest?

### 19.00hrs BST
- **JENNIFER MEYERS**
  - University of Strathclyde
  - An Analysis of following the Mobility Actions as specified per Mobility Level

### 20.00hrs BST
- **Karen Green**
  - St. Elizabeth Edgewood
  - Orders or Consults, Mobility or Bedrest?
#EndPJparalysis

GET UP, GET DRESSED, GET MOVING